

# What's On?!

Jan-Mar

2026

JANUARY  
WEDNESDAY

7

4:15pm-6pm

## Chess

Join us at the Telford All Age Autism Hub for a special group designed for our young people and adults registered with us. Whether you're new to the game or consider yourself a Pro we'd love to see you there!

😊😊 4:15 PM – 5:00 PM

This hour is exclusively for children and young people.

😊😊😊 5:00 PM – 6:00 PM

Open to all ages – children, young people, and adults welcome!

**Sunflower - Brookside Community Café, Brookside Community Centre, Brookside, TF3 1LP**

JANUARY  
THURSDAY

8

5pm-  
6:30pm

## Dugout Youth Group 11-18 Years Old

Come and join us as we kick off the new year with Embrace! Embrace are qualified PE teachers and sports coaches who support young people across Shropshire.

We'll also have all our usual activities available, including crafts, board games, table tennis, pool, and table football. Free refreshments will be provided for young people and their parents.

**Family Zone, Hazledine House, Central Square, Town Centre, TF3 4JL**

JANUARY  
TUESDAY

13

5:30pm-  
6:30pm

## RISE - Parents Social

Come along and Luke from the Breath of Life. Breath of Life are a men's mental health group that are based in Telford and Wrekin and they are coming along to share what they offer.

There mission is: "To create a safe haven where men can come together, share their experiences, support one another, and embark on a journey towards better mental health and well-being."

**Family Zone, Hazledine House, Central Square, Town Centre, TF3 4JL**

JANUARY  
TUESDAY

13

5:30-6:30

## Girls Social Group Y6-Y13

Join us for a fun and relaxing session making crochet worry worms—cute little companions to bring comfort and creativity!

**Family Zone, Hazledine House, Central Square, Town Centre, TF3 4JL**

TO BOOK ONTO ANY OF OUR ACTIVITIES PLEASE EMAIL OR CALL:  
CHILDRENSAUTISM@TANDWCVS.ORG.UK/01952 626062

**Jan-Mar****2026**

JANUARY

TUESDAY

**13****2pm-6pm**

## BeeU Neurodiverse Appointment

Drop-in regarding a child who is currently on the neurodevelopmental waiting list. The purpose is for information sharing (e.g. where the child is on the waiting list, answering questions about the process, families giving updates on how they are doing at school and at home), psychoeducation, and signposting to our partners and other relevant resources.

**20 minute appointments available between 2pm-6pm**

**Family Zone, Hazledine House, Central Square, Town Centre, TF3 4JL**

JANUARY

WEDNESDAY

**14****11am-12:30pm**

## Workshop - Communication

Come and join our Autism Specialist and we discuss communication. We will cover:

- What communication is
- How and why we communicate
- Autism and communication differences
- Strategies that may help
- Resources

Please email [childrensautism@tandwcv.org](mailto:childrensautism@tandwcv.org) to book a place

**Family Zone, Hazledine House, Central Square, Town Centre, TF3 4JL**

JANUARY

TUESDAY

**20****4pm-5pm**

## Primary Family Fun Session

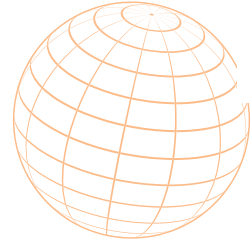
For National Squirrels Day on 21st January 2026, our primary-age family fun session will be packed with creative squirrel-themed activities, including making split-pin squirrels, puppets, mobiles, and even a squirrel feeder. Children can also explore fascinating squirrel fact files, enjoy our usual toys and games, and relax with refreshments throughout the session

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Jan-Mar

2026



JANUARY

WEDNESDAY

21

4:15pm-6pm

## Chess

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JANUARY

THURSDAY

22

6pm-7:30pm

## Joint Quiz Night

Join the All Age Autism Hub staff for a friendly Quiz Night with socialising, laughs, varied quiz questions, and a light buffet. Relax, meet new people, and enjoy a welcoming evening together.

Cost – £2.50 child and £3.00 adult

Please book your space for this as we have limited spaces available.

**Family Zone, Hazledine House, Central Square, Town Centre, TF3 4JL**

JANUARY

THURSDAY

29

5pm-6:30pm

## Synapse Youth Group Ages 16-24

If you are aged 16-24 then please join us for our monthly activity.

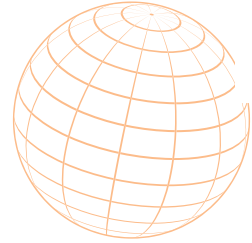
Activity to be decided nearer the time so look out for updates.

**Family Zone, Suite 12 & 15 Hazledine House, Central Square, Telford Centre,  
Telford, Shropshire, TF3 4JL**

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**Jan-Mar**

**2026**



**FEBRUARY  
WEDNESDAY**

**4**

**4:15pm-6pm**

## Chess

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**Sunflower - Brookside Community Café, Brookside Community Centre,  
Brookside, TF3 1LP**

**FEBRUARY  
THURSDAY**

**5**

**5pm-  
6:30pm**

## Dugout Youth Group 11-18 Years Old

Come and join us, along with Embrace! Embrace are qualified PE teachers and sports coaches who provide support to young people across Shropshire.

We'll have all our usual activities available, including board games, table tennis, pool, and table football, plus a fun craft activity where we'll be creating Q-tip art.

Free refreshments will also be available for young people and their parents.

**Family Zone, Hazledine House, Central Square, Town Centre, TF3 4JL**

**FEBRUARY  
TUESDAY**

**10**

**5:30pm-  
6:30pm**

## RISE - Parents Social

Our Parents Rise Session brings an opportunity for an uplifting hour of conversation, connection, and peer support. Whether you're looking to share insights, ask questions, or simply spend time with others on a similar journey, this session offers a safe and friendly environment to grow together.

**Family Zone, Hazledine House, Central Square, Town Centre, TF3 4JL**

**FEBRUARY  
TUESDAY**

**10**

**5:30-6:30**

## Girls Social Group Y6-Y13

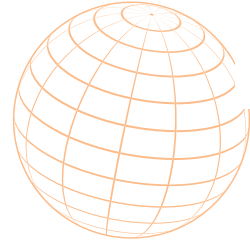
Our girls' social group is hosting a special interactive quiz session! This is a relaxed, friendly space to get to know each other, share some laughs, and enjoy interactive games together. No pressure—just fun, connection, and community.

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**Jan-Mar**

**2026**



FEBRUARY

WEDNESDAY

**11**

**11am-12:30pm**

## Workshop - Supporting your Autistic Teen

Come and join our Autism Specialist as we discuss supporting your teen:

Topics covered:

- \* Transitions
- \* Sensory Differences
- \* Autistic Burnout
- \* Navigating Social Relationships
- \* Self Identity

**Family Zone, Hazledine House, Central Square, Town Centre, TF3 4JL**

FEBRUARY

WEDNESDAY

**18**

**9:30am-  
1:45pm**

## Kingswood Forest School

Join us for a Forest Fun Day at Kingswood with Access2Nature.

A coach will pick us up at 9:30am near the Telford International Centre to arrive at Kingswood by 10am. We will leave Kingswood at 1pm to get back to Telford for around 1:45pm.

There will be Campfire Cooking (learn about campfire safety, whittle hazel sticks and toast a marshmallow over an open fire), build a den in the woods, join in with nature crafts (explore and collect natural materials), take a map and follow Pan's music trail through our South Woods and Forest School area (there are 8 percussion installations to find), and enjoy a challenge by using your climbing and balancing techniques on the adventure ropes and tree climbing areas.

Places are limited, so please book early to avoid disappointment.

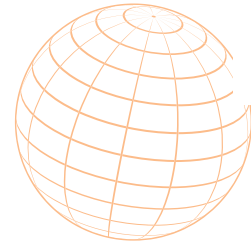
To book, please email: [childrensautism@tandwcv.org.uk](mailto:childrensautism@tandwcv.org.uk)

**Kingswood Trust, Holyhead Road, Kingswood, Wolverhampton, WV7 3AP**

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Jan-Mar

2026



FEBRUARY  
THURSDAY

26

5pm-6:30pm

## Synapse Youth Group Ages 16-24

If you are aged 16-24 then please join us for our monthly activity.

Activity to be decided nearer the time so look out for updates.

Family Zone, Suite 12 & 15 Hazledine House, Central Square, Telford Centre, Telford, Shropshire, TF3 4JL

MARCH  
WEDNESDAY

4

4:15pm-6pm

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MARCH  
THURSDAY

5

5pm-6:30pm

## Dugout Youth Group 11-18 Years Old

Come and join us as we create our own sustainable plant pots! You'll get to choose your own seeds and take your pot home to watch it grow.

We'll also be joined by the Army Engagement team who will lead on team activities

As always, our usual activities will be available, including board games, table tennis, pool, and table football. Free refreshments will be provided for young people and their parents.

**Family Zone, Hazledine House, Central Square, Town Centre, TF3 4JL**

MARCH  
TUESDAY

10

5:30pm-6:30pm

## RISE - Parents Social

Our RISE group will be joined by Niki Morrison, head of Attendance & Welfare at the Learning Community Trust, to discuss school and education.

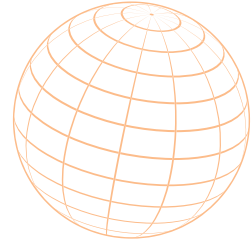
Her specific remit is around all aspects of attendance, welfare, early help, mental health, modified timetables, alternative provision, We will also be joined by Ali Ashley, Director of Specialist Provision & SEND. If you would like to talk to both visits, place your name by a time when you arrive

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**Jan-Mar**

**2026**



MARCH  
TUESDAY

**10**

**5:30-6:30**

## Girls Social Group Y6-Y13

Girls Group is blooming! Celebrate the season with us as we create colorful spring crafts and enjoy a relaxed, creative afternoon.

**Family Zone, Hazledine House, Central Square, Town Centre, TF3 4JL**

MARCH  
TUESDAY

**10**

**2pm-6pm**

## BeeU Neurodiverse Appointment

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**20 minute appointments available between  
2pm-6pm**

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MARCH  
WEDNESDAY

**11**

**11am-12:30pm**

## Workshop - Pathological Demand Avoidance (PDA)

Come and join our Autism Specialist as we discuss PDA.

Topics covered include:

- Introduction to demand avoidance and PDA
- What are demands?
- The nervous system
- Low arousal
- Language
- Other support

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**Jan-Mar****2026**MARCH  
TUESDAY**17****4pm-5pm**

## Primary Family Fun Session

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MARCH  
THURSDAY**26****5pm-6:30pm**

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